



Stepping Up is a uniquely developed program that includes a Parent Education and Child Learning opportunity and is specifically designed to support families of young children with Down syndrome as they transition from Early Intervention Services through the early elementary grades. Kristin Enriquez M.A., and a parent of a child with Down syndrome, developed the program and presents the parent sessions (Early Intervention, Preschool, Kindergarten, and Early Elementary). Through Kristin's vast experience, parents will become prepared for their child's IEPs, learn strategies to use at home, and share those same strategies with their child's teaching team for better transitions.

What Makes Stepping Up Different:

- Combination of parent education and child learning opportunities
- Two methods of parent involvement
 - Parent education session (virtual)
 - Second Saturday workshops (in-person)
- Featuring 10 topics on Down syndrome and Important Issues Related to Special Education Systems specifically focused on where your child is in school
- Systematic support from transition of early intervention services through early elementary school years
- Content is applied to current issues in educational systems
- Developed by a parent of a child with Down syndrome who has been an educator in public school systems and continues to support students, families, and educators
- 10 Student Sessions meet monthly in age-appropriate groupings (EI, Pre-K, Kinder, Early Elementary) while Parents are at their Workshop (Second Saturday)

Program Goals:

- Feel more confident collaborating with your child's IEP team
- Develop a clear understanding of how your child learns
- Learn new strategies to increase participation and learning at home and school
- Opportunity to learn information to bring to your child's educational support team

Parent + Child - \$600 (\$540 if paid in full) which includes:

- 1.5 hr Pre-Recorded Parent lecture
- 1 hr Parent workshop (in-person on Second Saturdays)
- Child participation (in the student classroom on Second Saturdays - with an OT, SLP, and Classroom Teacher)

Parent Only - \$400 which includes:

- 1.5 hr Pre- Recorded Parent lecture

**This program is
vended: PD2655
Sub-code: 01PG**

Stepping Up Schedule 2025-2026



Stepping Up - Early Elementary Session Topics

- August 9, 2025: Placement and Service Considerations | Agosto: Consideraciones sobre la colocación y el servicio
- September 13, 2025: Motivation and Self-Esteem | Septiembre: Motivation and Self-Esteem
- October 11, 2025: Universal Design for Learning | Octubre: Diseño universal para el aprendizaje
- November 8, 2025: Peer Supports to Increase Independence | Noviembre: Apoyo entre compañeros para aumentar la independencia
- December 13, 2025: Math - Looking Beyond Number Sense (Part 1) | Diciembre: Matemáticas: más allá del sentido numérico (Parte 1)
- January 10, 2026: Math - Looking Beyond Number Sense (Part 2) | Enero: Matemáticas: más allá del sentido numérico (Parte 2)
- February 14, 2026: Phonics and Spelling | Febrero: Fonética y ortografía
- March 14, 2026: Supporting Expanded Writing | Marzo: Apoyo a la escritura ampliada
- April 11, 2026: Working Through Contentious Meetings | Abril: Cómo superar las reuniones conflictivas
- May 9, 2026: Time and Money | Mayo: Tiempo y dinero