



Stepping Up is a uniquely developed program that includes a Parent Education and Child Learning opportunity and is specifically designed to support families of young children with Down syndrome as they transition from Early Intervention Services through the early elementary grades. Kristin Enriquez M.A., and a parent of a child with Down syndrome, developed the program and presents the parent sessions (Early Intervention, Preschool, Kindergarten, and Early Elementary). Through Kristin's vast experience, parents will become prepared for their child's IEPs, learn strategies to use at home, and share those same strategies with their child's teaching team for better transitions.

### What Makes Stepping Up Different:

- Combination of parent education and child learning opportunities
- Two methods of parent involvement
  - Parent education session (virtual)
  - Second Saturday workshops (in-person)
- Featuring 10 topics on Down syndrome and Important Issues Related to Special Education Systems specifically focused on where your child is in school
- Systematic support from transition of early intervention services through early elementary school years
- Content is applied to current issues in educational systems
- Developed by a parent of a child with Down syndrome who has been an educator in public school systems and continues to support students, families, and educators
- 10 Student Sessions meet monthly in age-appropriate groupings (EI, Pre-K, Kinder, Early Elementary) while Parents are at their Workshop (Second Saturday)

### Program Goals:

- Feel more confident collaborating with your child's IEP team
- Develop a clear understanding of how your child learns
- Learn new strategies to increase participation and learning at home and school
- Opportunity to learn information to bring to your child's educational support team

### Parent + Child - \$600 (\$550 if paid in full) which includes:

- 1.5 hr Pre-Recorded Parent lecture by Kristin Enriquez
- 1 hr Parent workshop (in-person on Second Saturdays)
- Child participation (in the student classroom on Second Saturdays - with classroom teachers and therapists)

### Parent Lecture with Kristin - \$400 which includes:

- 1.5 hr pre-Recorded Parent lecture by Kristin Enriquez ONLY

**This program  
is vended:  
PD2655  
Sub-code:  
01PG**

# Stepping Up Schedule 2024-2025



## Stepping Up - Early Elementary Session Topics

- **August 10, 2024: Placement and Service Considerations | Agosto: Consideraciones sobre la colocación y el servicio**
- **September 4, 2024: Motivation and Self-Esteem | Septiembre: Motivation and Self-Esteem**
- **October 12, 2024: Universal Design for Learning | Octubre: Diseño universal para el aprendizaje**
- **November 9, 2024: Peer Supports to Increase Independence | Noviembre: Apoyo entre compañeros para aumentar la independencia**
- **December 14, 2024: Math - Looking Beyond Number Sense (Part 1) | Diciembre: Matemáticas: más allá del sentido numérico (Parte 1)**
- **January 11, 2025: Math - Looking Beyond Number Sense (Part 2) | Enero: Matemáticas: más allá del sentido numérico (Parte 2)**
- **February 8, 2025: Phonics and Spelling | Febrero: Fonética y ortografía**
- **March 14, 2025: Supporting Expanded Writing | Marzo: Apoyo a la escritura ampliada**
- **April 11, 2025: Working Through Contentious Meetings | Abril: Cómo superar las reuniones conflictivas**
- **May 9, 2025: Time and Money | Mayo: Tiempo y dinero**