



Stepping Up is a uniquely developed program that includes a Parent Education and Child Learning opportunity and is specifically designed to support families of young children with Down syndrome as they transition from Early Intervention Services through the early elementary grades. Kristin Enriquez M.A., and a parent of a child with Down syndrome, developed the program and presents the parent sessions (Early Intervention, Preschool, Kindergarten, and Early Elementary). Through Kristin's vast experience, parents will become prepared for their child's IEPs, learn strategies to use at home, and share those same strategies with their child's teaching team for better transitions.

What Makes Stepping Up Different:

- Combination of parent education and child learning opportunities
- Two methods of parent involvement
 - Parent education session (virtual)
 - Second Saturday workshops (in-person)
- Featuring 10 topics on Down syndrome and Important Issues Related to Special Education Systems specifically focused on where your child is in school
- Systematic support from transition of early intervention services through early elementary school years
- Content is applied to current issues in educational systems
- Developed by a parent of a child with Down syndrome who has been an educator in public school systems and continues to support students, families, and educators
- 10 Student Sessions meet monthly in age-appropriate groupings (EI, Pre-K, Kinder, Early Elementary) while Parents are at their Workshop (Second Saturday)

Program Goals:

- Feel more confident collaborating with your child's IEP team
- Develop a clear understanding of how your child learns
- Learn new strategies to increase participation and learning at home and school
- Opportunity to learn information to bring to your child's educational support team

Parent + Child - \$600 (\$540 if paid in full) which includes:

- 1.5 hr Pre-Recorded Parent lecture
- 1 hr Parent workshop (in-person on Second Saturdays)
- Child participation (in the student classroom on Second Saturdays - with an OT, SLP, and Classroom Teacher)

Parent Only - \$400 which includes:

- 1.5 hr Pre- Recorded Parent lecture

**This program is
vended: PD2655
Sub-code: 01PG**

Stepping Up Schedule 2026-2027



Stepping Up - Preschool Session Topics

- **August 8, 2026: Ensuring Abilities are Reflected in Assessment | Agosto: Garantizar que las capacidades se reflejan en la evaluación**
- **September 12, 2026: The Down syndrome Learning Profile | Septiembre: El perfil de aprendizaje del síndrome de Down**
- **October 10, 2026: Pre-school Learning Foundations | Octubre: Fundamentos del aprendizaje preescolar**
- **November 14, 2026: Continuing Communication (Part 1) | Noviembre: Comunicación continua (Parte 1)**
- **December 13, 2026: Continuing Communication (Part 2) | Diciembre: Comunicación continua (Parte 2)**
- **January 9, 2027: Using Play to Develop Non-Numerical Math Skills | Enero: Utilizar el juego para desarrollar habilidades matemáticas no numéricas**
- **February 13, 2027: Language Arts Initiating Reading | Febrero: Lengua y literatura Iniciación a la lectura**
- **March 13, 2027: Incorporating Visuals Into School | Marzo: Incorporar elementos visuales a la escuela**
- **April 10, 2027: Common Issues When Transitioning to Kindergarten | Abril: Problemas comunes en la transición al jardín de infancia**
- **May 8, 2027: Laying the Foundation for Independence | Mayo: Sentar las bases de la independencia**

Stepping Up Schedule 2026-2027



Stepping Up - Early Elementary Session Topics

- **August 8, 2026: Placement and Service Considerations | Agosto: Consideraciones sobre la colocación y el servicio**
- **September 12, 2026: Motivation and Self-Esteem | Septiembre: Motivation and Self-Esteem**
- **October 10, 2026: Universal Design for Learning | Octubre: Diseño universal para el aprendizaje**
- **November 14, 2026: Peer Supports to Increase Independence | Noviembre: Apoyo entre compañeros para aumentar la independencia**
- **December 12, 2026: Math - Looking Beyond Number Sense (Part 1) | Diciembre: Matemáticas: más allá del sentido numérico (Parte 1)**
- **January 9, 2027: Math - Looking Beyond Number Sense (Part 2) | Enero: Matemáticas: más allá del sentido numérico (Parte 2)**
- **February 13, 2027: Phonics and Spelling | Febrero: Fonética y ortografía**
- **March 13, 2027: Supporting Expanded Writing | Marzo: Apoyo a la escritura ampliada**
- **April 10, 2027: Working Through Contentious Meetings | Abril: Cómo superar las reuniones conflictivas**
- **May 8, 2027: Time and Money | Mayo: Tiempo y dinero**