

# Tools for the Journey January 26th and 27th

January 27:

## Julie & Rigo Gaona

### Support, Love and Let Go

Join us for a conversation with Julie & Rigo Gaona, a married couple who will share their insight and practical advice on achieving independence, self-determination, and self-advocacy. Facilitated by The State Council on Developmental Disabilities (SCDD).



[www.scdd.ca.gov](http://www.scdd.ca.gov)

Rigo and Julie Gaona are self-advocates from Los Angeles County. Rigo is the vice chair of the Self-Advocacy Board of Los Angeles County (SABLAC). Julie is also an active SABLAC member and a woman of many hats. Rigo and Julie began dating in June of 2007 and got married in April of 2010. They have been married 13 years! They are both very active in the community and enjoy encouraging other self-advocates to get involved and continue making positive changes for people to have more productive and independent lives.



*Register  
Here:*

