

Regional Center vendedored programs

Programs in RED Require Club 21 Membership

	0-3 years old	18 months-3rd grade (8 years old)	3rd -5th grade (8-12 years old)	Middle School (12-14 years old)	High School (14-18 years old)	Beyond School (18-26 years old)	Beyond School (26-30 Years Old)
First Steps	✓						
Stepping Up	✓	✓					
Club FUN			✓				
The CREW				✓			
Transition 101				✓	✓		
Partners in Transition					✓	✓	
Club Connections					✓	✓	
Let's Talk About It: Puberty Workshop Tweens (9-12 yrs)			✓				
Let's Talk About It: Puberty Workshop Teens (13-16 yrs)				✓	✓		
Growing Into You Sexuality Workshop (17-21 yrs & 21+)					✓	✓	✓
Meaningful Life Learning Circles						✓	✓
Young Adult Social Groups						✓	✓
ILS: Cooking 101 (14 yrs+) ILS: Cooking 102 (16 yrs+)					✓	✓	✓
Improvaneer Method (16 yrs+)					✓	✓	✓
Transition Bootcamp (13-22yrs)				✓	✓	✓	
Young Adult Conf (18 yrs+)						✓	✓
Educational Partnership		✓	✓	✓	✓		
IEP Support	✓	✓	✓	✓	✓		
Every Child A Reader (ECAR)		✓	✓	✓	✓		
Self Determination Programs	✓	✓	✓	✓	✓	✓	✓
Tools for the Journey	✓	✓	✓	✓	✓	✓	✓

- **First Call/First Steps: (diagnosis-3 yrs)**
 - An opportunity for families to get together in a casual setting that allows them to connect, make new friends, ask questions and build community
- **Stepping Up: (18 months-8 years) VENDORED**
 - A program that includes parent education and child learning opportunities specifically designed to support families of young children with Down syndrome as they transition from regional center to school district support
- **Club F.U.N. - Friends Understanding Nuances: (late elementary) VENDORED**
 - A social competencies program that uses social thinking vocabulary and concepts to enhance understanding and build social skills
- **The Crew - Creating Relationships and Equipping the Way: (middle school) VENDORED**
 - Continues to build the social skills for fostering friendships with peers and the pathway toward independence
- **Transition 101: (13-16 yrs)**
 - Parents learn about the mandatory Transition IEP process and how to support transition during their high school years
- **Partners in Transition: (16 + years)**
 - Parents learn to navigate school systems as well as opportunities after high school and ensure families have the resources needed to map out a path for the future
- **Club Connections: (high school - 25 yrs) VENDORED**
 - Teens and young adults learn social competencies and independent living skills to foster relationships and increase their independence at home and in their community
- **Let's Talk About It: Puberty Workshop Tween(9-12yrs) Teen (13-16yr) VENDORED**
 - Parent and Student sessions that provide safe, supportive, and age-appropriate information that focuses on preparing youth for changes during puberty, building understanding of relationships, and developing tools for safety, self-respect, and independence.
- **Growing Into you (17-21 yrs and 21+ yrs) VENDORED**
 - Parent and Student sessions provide guided discussions, real-life scenarios, and accessible activities to learn about healthy relationships, personal boundaries, body autonomy, communication skills and self advocacy.
- **Meaningful Life Learning Circles: (18-30 yrs) VENOFRED**
 - Virtual classes focused on important skills to develop a young adult's independence at home, at work, in relationships and in the community
- **Adult Social Groups: (18-30 yrs)**
 - Outings and events with other young adults and neurotypical facilitators to foster friendships and practice important social skills in authentic settings
- **Independent Learning Academy: Cooking 101 (14yrs+) & 102 (16yrs+)**
 - Courses are a hands-on format, where students work to prepare a meal each week, as they develop more advanced kitchen skills in a kitchen.
- **The Improvaneer Method (16+)**
 - Using Improvisation to greatly increase social, workplace & lifetime opportunities for ALL Abilities!
- **Transition Bootcamp (13yrs-22yrs) VENDORED**
 - This bootcamp offers practical strategies and access to valuable resources, empowering parents with the knowledge they need to advocate and for supporting their child's transition from middle school, through high school and into adulthood
- **Young Adult Conference (18rs +) VENDORED**
 - Young Adults will gain practical tools to speak up for themselves make their own choices, and take charge of their future through self-advocacy for Independence/Interdependence.
- **Educational Partnership: (school aged) VENDORED**
 - Parent education and educator professional development throughout the year to prepare both groups to best support their student with Down syndrome in inclusive school classrooms

- **IEP Support:**
 - Regular workshops led by experts in the field to learn about the document process and how to best advocate for their child
- **ECAR - Every Child A Reader Tutoring program: (all school aged)**
 - Weekly one-to-one literacy tutoring program focusing on the development of reading and writing skills
- **Self Determination Program: (all ages)**
 - Learning Circles: Four Virtual Meetings to educate and equip families to understand and move into the Self Determination Program (SDP) if and when it better meets their participant's needs.
 - SDP Together: Monthly interactive meetings (August-May) to ask your questions, bounce ideas, and increase your knowledge and understanding about Self Determination.
- **Tools for the Journey Conference: (all ages) VENDORED**
 - An annual conference for parents, teachers and therapists featuring nationally renowned speakers with expertise in the field of intellectual disabilities
- **Second Saturday Speaker Series:**
 - A wide range of guest speakers provide important information for parents, caregivers and professionals in our community
- **Support Groups:**
 - Sibshops (sibling support group for 8-12 yr olds) meets each Second Saturday
 - Dual Diagnosis Group
- **Monthly Webinars:** Topics vary each month, such as Think College, AAC workshop, Housing, Estate Planning, Speech Development, Fine Motor skills