



Stepping Up is a uniquely developed program that includes a Parent Education and Child Learning opportunity and is specifically designed to support families of young children with Down syndrome as they transition from Early Intervention Services through the early elementary grades. Kristin Enriquez M.A., and a parent of a child with Down syndrome, developed the program and presents the parent sessions (Early Intervention, Preschool, Kindergarten, and Early Elementary). Through Kristin's vast experience, parents will become prepared for their child's IEPs, learn strategies to use at home, and share those same strategies with their child's teaching team for better transitions.

### What Makes Stepping Up Different:

- Combination of parent education and child learning opportunities
- Two methods of parent involvement
  - Parent education session (virtual)
  - Second Saturday workshops (in-person)
- Featuring 10 topics on Down syndrome and Important Issues Related to Special Education Systems specifically focused on where your child is in school
- Systematic support from transition of early intervention services through early elementary school years
- Content is applied to current issues in educational systems
- Developed by a parent of a child with Down syndrome who has been an educator in public school systems and continues to support students, families, and educators
- 10 Student Sessions meet monthly in age-appropriate groupings (EI, Pre-K, Kinder, Early Elementary) while Parents are at their Workshop (Second Saturday)

### Program Goals:

- Feel more confident collaborating with your child's IEP team
- Develop a clear understanding of how your child learns
- Learn new strategies to increase participation and learning at home and school
- Opportunity to learn information to bring to your child's educational support team

### Parent + Child - \$600 (\$550 if paid in full) which includes:

- 1.5 hr Parent lecture with Kristin (virtual)
- 1 hr Parent workshop (in-person on Second Saturdays)
- Child participation (in the student classroom on Second Saturdays - with classroom teachers and therapists)

### Parent Lecture with Kristin - \$400 which includes:

- 1.5 hr Parent lecture with Kristin ONLY (virtual)

**This program  
is vended:  
PD2655  
Sub-code:  
01PG**

## **2nd Saturday Workshop Time: Variety of Times Parent Lectures (virtually)**

- August 12, 2023
- September 9, 2023
- October 14, 2023
- November 11, 2023
- December 9, 2023
- January 13, 2024
- February 10, 2024
- March 9, 2024
- April 13, 2024
- May 11, 2024



## INFORMATION ON VENDORIZATION OF PROGRAMS

Club 21 programs are vendored by the Frank D Lanterman Regional Center. If you have a different Regional Center, **you can still ask** for this program to be vendored.

You must ask your service coordinator to **contact Yolie Marquez at [YMarquez@lanterman.org](mailto:YMarquez@lanterman.org)** and request a “**Courtesy Vendor Number**” for the program you are wanting to attend. If you talk to them, remember to ALWAYS follow up with an email (to keep a paper trail). Service Coordinators are inundated with requests. We suggest that you call/email and follow up with them every several days.

### **If you write an email, You might write something similar to this below**

*“Dear Service Coordinator, It is important for me to get the most current information on Down syndrome that will help me in supporting my child’s growth on becoming an independent part of society. Club 21 Learning and Resource Center has a specific program that will support me and my child. The program is vendored through Lanterman RC but they will issue a Courtesy vendorization number for other families outside their area. You can contact **Yolie Marquez** at [YMarquez@lanterman.org](mailto:YMarquez@lanterman.org) for any specific questions or details about how to bill. You can contact Joy Domingo [programs@clubtwentyone.org](mailto:programs@clubtwentyone.org) for any questions specific to the program I would like to attend. Please also see the attached flyer with all important information including the vendor number and sub-code.”*

We think it is also important for you to add your specific Regional Centers mission statement as part of your email in requesting funding (See below). This will also help you with the wording of why your attendance is critical.

## **REGIONAL CENTER'S MISSION STATEMENTS**

**Frank D Lanterman**, To enable people with developmental disabilities to live purposeful lives as active members of their communities.

**North Los Angeles County Regional Center (NLARC)**, with integrity and transparency, provides lifelong partnerships and planning to persons with developmental disabilities by promoting their civil and personal rights, providing comprehensive information, advocating in cooperation with consumers, promoting and providing quality services, and supporting full participation of consumers and families in all aspects of community life.

**South Central LA Regional Center (SCLARC)** believes special needs deserve special attention. We are committed to the provision of culturally sensitive services which enhance the inherent strengths of the family and enable consumers to lead independent and productive lives

**Eastern Los Angeles Regional Center (ELARC)** is committed to serving individuals with developmental disabilities and their families by promoting partnerships which empower them to achieve meaningful and fulfilling lifestyles in their communities.

**Tri County Regional Center** provides person and family-centered supports for individuals with developmental disabilities to maximize opportunities and choices for living, working, learning, and recreating in the community.

**Harbor Regional Center** provides quality services, support, information and choices for people with developmental disabilities and their families, to promote their participation as valued neighbors in our communities.

**San Gabriel/Pomona Regional Center** works in partnership with individuals with developmental disabilities, their families, service providers, and the community, to promote choice, empowerment, independence, and full inclusion into community life.

**The Regional Center of Orange County (RCOC)** mission is to collaborate with persons with developmental disabilities, their families and the community to secure individualized services and supports that enhance the quality of life for the people we serve and assist them in realizing their full potential.

**Westside Regional Center's mission** to empower people with developmental disabilities and their families to choose and access community services that facilitate a quality of life comparable to persons without disabilities.

**Inland Regional Center Mission:** "As an agency among agencies, coordinates with generic services to enhance the lives of people with developmental disabilities and their families by working to include them in the everyday routines and life rhythms of the community."