

# Young Adult Summer Academy

**Ages: 18- 24**



- Location: Club 21 539 N. Lake Ave. Pasadena, CA 91101
  - Participants: Individuals with Down syndrome and/or other intellectual or developmental disabilities
- \*\*Support providers welcome**



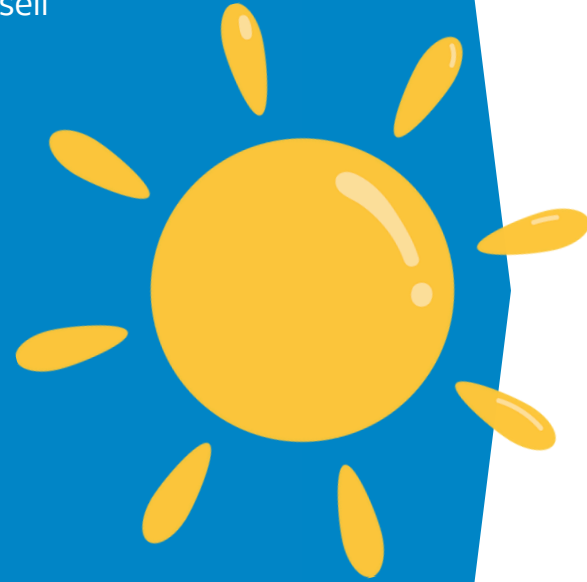
## July 7- 18th, 2025 (Monday - Friday)

- **MORNING SESSION (9:30AM- 12:00PM)**: Intro to Relationships, Boundaries, and Understanding Sexuality
- **Facilitated by: 2 [Elevatus](#) trained facilitators (1- BCBA & 1- Licensed Educational Psychologist; Both are candidates for AASECT Certification)**
- **LUNCH BREAK (12:00PM- 12:45PM)**: Participants are welcome to bring their own lunch
- **AFTERNOON SESSION (12:45PM- 3:15PM)**: Intro to Adulting 101
  - **Facilitated by: 2-3 educators and specialists in transition education**



**Topics Covered in the Intro to Relationships, Boundaries, and Understanding Sexuality:**

- Caring for Your Body
- Different Types of Relationships
- Gender Identity & Expression/ Expressing Yourself
- Friendship
- Communication
- Decision Making
- Public & Private: Relationship and Touch
- Moving from Friend to Partner/ Sweetheart
- Internet, Social Media & Communication
- Many Roads to Relationships
- Being in a Relationship
- Has Your Relationship Gone Bad?
- Body Parts
- Sexual Feelings, Attraction, and Acts
- Communicating About Sex
- Decision-Making About Sex



**Cost for this 2 week morning session: \$1000 \*\* Includes 1 parent/ caregiver informational session on Zoom**

*Register here:*



**Topics Covered in the Intro to Adulting 101:**

- Financial Literacy
- Employment
- Social Media
- Healthy Living
- Self- Advocacy

**Cost for this 2 week afternoon session: \$800**

**Cost for full day of both programs: \$1800**

**We accept private pay, scholarship, CA Self- Determination, Regional Center vendorization pending.**