

Club 21's Adult Summer Academy

Ages: 25-40



- Location: Club 21 539 N. Lake Ave. Pasadena, CA 91101
- Participants: Individuals with Down syndrome and other intellectual or developmental disabilities **Support providers welcome



July 7- 18th, 2025 (Monday - Friday)

- **MORNING SESSION (9:30AM- 12:00PM):** Adulting 101
 - Facilitated by: 2-3 educators and specialists in transition education
- **LUNCH BREAK (12:00PM- 12:45PM):** Participants are welcome to bring their own lunch
- **AFTERNOON SESSION (12:45PM- 3:15PM):** Relationships, Boundaries, and Understanding Sexuality
 - Facilitated by: 2 [Elevatus](#) trained facilitators (1- BCBA & 1- Licensed Educational Psychologist; Both are candidates for AASECT Certification)



Topics Covered in Adulting 101:

- Financial Literacy
- Employment
- Social Media
- Healthy Living
- Self- Advocacy

Cost for this 2 week morning session: \$800



*Register
here:*



Topics Covered in Relationships, Boundaries, and Understanding Sexuality:

- Caring for Your Body
- Different Types of Relationships
- Gender Identity & Expression/ Expressing Yourself
- Friendship
- Communication
- Decision Making
- Public & Private: Relationship and Touch
- Moving from Friend to Partner/ Sweetheart
- Internet, Social Media & Communication
- Many Roads to Relationships
- Being in a Relationship
- Has Your Relationship Gone Bad?
- Body Parts
- Sexual Feelings, Attraction, and Acts
- Communicating About Sex
- Decision-Making About Sex
- Challenges or Things That Can Go Wrong
- Do You Want to Have a Child?
- Avoiding Pregnancy
- Sexually Transmitted Diseases

Cost for this 2 week afternoon session: \$1000 ** Includes 1 parent/ caregiver informational session on Zoom

Cost for full day of both programs: \$1800