



**Provided by Board-Certified Music Therapists** at Lyon Music

## AVAILABLE AS 45 OR 60 MINUTE SESSIONS



Who receives music therapy?: Kids and adults who are looking to receive support or treatment with Autism Spectrum Disorder, Down's Syndrome, Stroke recovery, Injury, Visual or Hearing Impairment, Anxiety, and ADHD.

How does it work?: The music therapist is trained to provide adapted lessons to support a person with physical, emotional, and social goals in addition to music-making. The individual strengthens important life skills while learning to play an instrument along the way!

Common instruments: Piano, guitar, ukulele

Inquiries can be made to hello@lyonmusic.com

