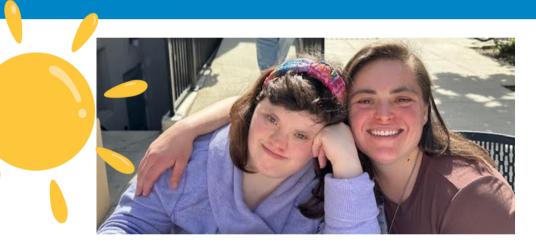
# Club 21's Adult Summer Academy Ages: 25-40



- Location: Club 21 539 N. Lake Ave. Pasadena, CA 91101
- <u>Participants</u>: Individuals with Down syndrome and other intellectual or developmental disabilities \*\*Support providers welcome



Vendor Code: PD26655 Sub-Code 01PG

#### July 7- 18th, 2025 (Monday - Friday)

- MORNING SESSION (9:30AM-12:00PM): Adulting 101
  - Facilitated by: 2-3 educators and specialists in transition education
- LUNCH BREAK (12:00PM- 12:45PM): Participants are welcome to bring their own lunch
- AFTERNOON SESSION (12:45PM- 3:15PM): Relationships, Boundaries, and Understanding Sexuality
  - Facilitated by: 2 <u>Elevatus</u> trained facilitators (1- BCBA & 1- Licensed Educational Psychologist; Both are candidates for AASECT Certification)

### Young Adult Summer Academy

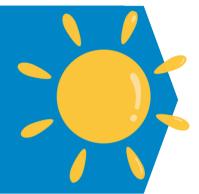
Ages: 25-40



#### **Topics Covered in Adulting 101:**

- Financial Literacy
- Employment
- Social Media
- Healthy Living
- Self- Advocacy

Cost for this 2 week morning session: \$800



## Topics Covered in Relationships, Boundaries, and Understanding Sexuality:

- Caring for Your Body
- Different Types of Relationships
- Gender Identity & Expression/ Expressing Yourself
- Friendship
- Communication
- Decision Making
- Public & Private: Relationship and Touch
- Moving from Friend to Partner/ Sweetheart
- Internet, Social Media & Communication
- Many Roads to Relationships
- Being in a Relationship
- Has Your Relationship Gone Bad?
- Body Parts
- Sexual Feelings, Attraction, and Acts
- Communicating About Sex
- Decision-Making About Sex
- Challenges or Things That Can Go Wrong
- Do You Want to Have a Child?
- Avoiding Pregnancy
- Sexually Transmitted Diseases

Cost for this 2 week afternoon session: \$1000 \*\* Includes 1 parent/caregiver informational session on Zoom

Cost for full day of both programs: \$1800

Register here:

