

DSRF

Down Syndrome 101

Lesson Duration: 4.5 hours

What You Will Learn: The basics of Down syndrome and how to support a person with Down syndrome, including:

- what causes Down syndrome
- common characteristics and concerns associated with Down syndrome
- how to talk about Down syndrome
- learning strengths of people with Down syndrome
- what parents and professionals wish they knew earlier
- what people with Down syndrome want you to know about having Down syndrome

Dual Diagnosis: Down Syndrome + Autism

Presenter(s): Various from the Down Syndrome Resource Foundation (DSRF)

Lesson Duration: 5.0 hours

What You Will Learn: You will gain a better understanding of the person in your life with Down syndrome and autism, and how to support their personal flourishing. Topics include:

- similarities and differences between Down syndrome and autism
- why it's hard to diagnose autism in a person with Down syndrome
- signs that may indicate a child with Down syndrome also has autism
- learning profiles of people with Down syndrome and autism
- different types of autism
- a deep dive into sensory processing



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Down Syndrome

Resource Foundation



About DSRF

Our mission is to support people living with Down syndrome and their families with individualized and leading-edge educational programs, health services, information resources, and rich social connections so each person can flourish in their own right. We offer a wide variety of programs, services, and resources for individuals with Down syndrome of all ages and their families. DSRF is a one-stop-shop for Down syndrome, or as one parent put it, “a boutique of supporting our son for success.”

At DSRF, we are proactive, evolving our programming and services based on our experiences working with clients and students, and the latest research and best practices. We take an individualized approach, tailoring our lessons to each person’s strengths, interests, and needs. As a result, students are empowered. They have opportunities to grow, learn, and step into whatever success means to them.

DSRF provides:

- Group programs for youth and adults with Down syndrome
- One to one services for individuals and families at all stages of life
- Down syndrome resources to equip parents, caregivers, and professionals

For more information visit: www.dsrf.org

Instagram: @dsrfcanada



Dr. Erik Carter

The Road to Belonging - Ten Dimensions of Belonging

Lesson Duration: 1.5 hours

What You Will Learn:

- Participants will reflect on the meaning belonging and how they can cultivate spaces of belonging for their students and loved ones with disabilities in schools and the community
- Participants will receive an overview of the ten dimensions of belonging

Peer Support Arrangements - Promoting Inclusion and Belonging in the Classroom

Lesson Duration: 0.5 hours

What You Will Learn:

- Practical strategies for promoting inclusion and belonging in classrooms

Peer Networks - Promoting Inclusion and Belonging Outside of the Classroom

Lesson Duration: 0.5 hours

What You Will Learn:

- Learn to establish peer networks outside of the classroom in schools to promote friendships





Dr. Erik Carter

About the Presenter:



Dr. Erik Carter, Ph.D., is the Luther Sweet Endowed Chair in Disabilities at Baylor University. His research and writing focus on best practices for promoting inclusion, friendships, and valued roles for children and adults with intellectual and developmental disabilities (IDD). He serves as Executive Director of the [Baylor Center for Developmental Disabilities](#), which aims to promote the flourishing of people with disabilities and their families. He has written seven books and more than 300 journal articles, chapters, and other publications. His scholarship and advocacy have also been recognized with awards from All Belong, the American Association on Intellectual and Developmental Disabilities, the Association of University Centers on Disability, the Council for Exceptional Children, and Key Ministry.

Dr. Katie Novak

Intro to Universal Design for Learning

Lesson Duration: 1 hours

What You Will Learn:

- Experience UDL firsthand to foster an inclusive culture
- Enhance understanding of UDL by focusing on concrete tips
- Identify concrete takeaways and actions for incorporating UDL into your practice

For more information visit: www.novakeducation.com

Instagram: @novak_education



About the Presenter:

Katie is an internationally renowned education consultant, author, adjunct professor at UPenn, and former Assistant Superintendent of Schools in Massachusetts. Dr. Novak has over 20 years of experience in teaching and administration, an earned doctorate in curriculum and teaching, and is the author of 14 published books, including the best-selling books UDL Now!, Equity By Design, and The Shift to Student-Led. Katie designs and presents professional learning opportunities both nationally and internationally, focusing on the implementation of Universal Design for Learning (UDL), Multi-Tiered Systems of Support (MTSS), and universally designed leadership. Novak's work has been highlighted in many publications, including Edutopia, Language Magazine, Forbes, Mindshift, ADDitude Magazine, AMLE Magazine, the Huffington Post, ASCD Education Update, and School Administrator.

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Nicole Eredics

Making Curriculum Modification in Minutes!

Lesson Duration: 1.25 hours

What You Will Learn:

This workshop is designed to give educators, administrators, and support staff the knowledge and tools they need to support the academic success of students with Down Syndrome. This is a strategy-packed workshop that delves into the techniques and practices that are used to make curriculum accessible and achievable for students with Down Syndrome.

For more information, go to

www.nicoleeredics.com

About the Presenter:

Nicole Eredics has been in the field of inclusive education for 30 years. She has her M.Ed. in Special Education and is a Board Certified Inclusive Education Specialist. Nicole began her career as a full inclusion elementary teacher in British Columbia, Canada. Since moving to the U.S. in 2007, she uses her experience and understanding of inclusion to speak, train, and consult on the topic of inclusive education to various school districts and community organizations across the country. Nicole is also the author of the professional resource book for educators called, Inclusion in Action: Practical Strategies to Modify Your Curriculum.



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Arielle Starkman

Adapting General Education Curriculum with AI

Lesson Duration: 5.5 hours (4 segments)

What You Will Learn:

- Overview of inclusive instruction
- Understand learning barriers
- Use AI Curriculum Adaptation Tools
- Adapt curricular materials using AI

For more information, visit:

www.ariellestarkman.com

About the Presenter:

Arielle is passionate about ensuring that students with disabilities have full access to the rich educational and social opportunities that their typically developing peers do. She ALSO recognizes how challenging this can be for schools to achieve on their own.

Through her consulting practice, Arielle equips school leaders with the knowledge and tools they need to implement full-inclusion in elementary schools, which affords ALL students with the opportunity to learn, play, and and thrive alongside one another.



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Kayla Coburn

10 Tips to Start Including Students with Disabilities Everywhere

Lesson Duration: 1.75 hours

What You Will Learn:

“10 Tips to Start Including Students with Disabilities Anywhere” is all about inclusive practices that you can start by yourself. Kayla will be breaking down what she implemented at multiple school sites that increased inclusive practices that continued even after she transitioned out. This presentation will discuss the importance of growing a community and how one person can be the start of something big. Our students who are being segregated have the right to be included and it is time we make the necessary changes to do so.

For more information, visit: www.inclusionstartsnow.com

Instagram: [@inclusionstartsnow](https://www.instagram.com/inclusionstartsnow)

About the Presenter:

Kayla Coburn is a former para-professional, former special education teacher, and former independent living teacher for Helen Keller National Center. She has been working in the educational field since 2010 and is not leaving any time soon. After graduating with her masters in special education and obtaining her teaching credential in extensive support needs, Kayla taught at two different school sites and improved inclusive practices at each school. Since then, she has created an e-course to help lead teachers to practice more inclusion at their school site, created a Buddy Class curriculum, and is now implementing her Ignite Inclusion Program for schools who are ready to reflect on where they are in the process and make active steps for improving inclusive practices in their community!



Breea Rosas, Ed. S., NCSP, LEP

Understanding Neurodiversity and Making Education More Inclusive

Lesson Duration: 1.5 hours

What You Will Learn:

This presentation describes the key tenants of the neurodiversity affirming movement and how to incorporate inclusive practices into a child's Individualized Education Plan (IEP). This presentation is for parents, educators, service providers, or anyone else interacting with neurodivergent or disabled children who want more information about neurodiversity affirming practices.

For more information, visit:

www.ndaffirmingschoolsp.com

Instagram: [ndaffirming_sp](https://www.instagram.com/ndaffirming_sp)



About the Presenter:

Breea is a nationally certified school psychologist and licensed educational psychologist in California. She graduated from Central Washington University with an undergraduate degree in Psychology (2013) and an Educational Specialist degree in School Psychology (2016). She earned her Licensed Educational Psychologist license in 2023. She currently works full time for a public school in the Los Angeles area and has a private practice. Breea has a passion for helping educators and service providers implement neurodiversity affirming practices in schools. She shares information and resources for educators and families about neurodiversity affirming practices through training and presentations as well as through social media. You can learn more by following her on various platforms: [ndaffirming_sp](https://www.instagram.com/ndaffirming_sp) on Instagram and [ND Affirming School Psychologist](https://www.facebook.com/NDAffirmingSchoolPsychologist) on Facebook, [Breea Rosas, Ed.S, NCSP, LEP](https://www.linkedin.com/in/BreeaRosasEdSNCSPLEP) on LinkedIn. Breea also runs a Facebook group [Neurodiversity Affirming School Based & Consulting Practitioners](https://www.facebook.com/NeurodiversityAffirmingSchoolBasedConsultingPractitioners) so that educators can share resources and support one another.



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Dr. Jen Newton

Ableism- Dismantling Barriers to Inclusion

Lesson Duration: 1 hour

What You Will Learn:

- Ableism and Anti-Ableism
- Least Dangerous Assumption
- Belonging
- Reimagining Special Education

For more information, visit:

www.teachingisintellectual.com

Instagram: @teachingisintellectual



About the Presenter:

Jen Newton is an associate professor at Ohio University. Dr. Newton's research interests include anti-racist, anti-ableist education, early childhood inclusion, and inclusive teacher preparation. She regularly presents locally, regionally, and nationally on a range of inclusive educational topics. She served as an early interventionist and an inclusive prekindergarten teacher prior to pursuing doctoral studies. Dr. Newton earned her doctorate in special education from the University of Kansas and spent four years as an assistant professor at James Madison University in Harrisonburg, Va., then three years at Saint Louis University before finding her home at Ohio University. Follow her on Instagram and Facebook @teachingisintellectual.

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Maryland Coalition for Inclusive Education, Inc. (MCIE)

Early Childhood Inclusive Education

Presenter(s): Various in Partnership with the Maryland Coalition for Inclusive Education's (MCIE) Think Inclusive Podcast

Lesson Duration: 1.25 hours

What You Will Learn:

In a collaborative effort between Club 21 and the Maryland Coalition for Inclusive Education, we are excited to present this unique blog post highlighting podcast episodes focused on inclusive early childhood education.

This post features six episodes from the Think Inclusive podcast, each accompanied by a summary and thought-provoking reflection questions. Our goal is to provide educators, parents, and advocates with valuable insights and practical strategies to foster inclusive environments for young children. Whether you're a seasoned professional or new to inclusive education, these episodes offer a wealth of knowledge and inspiration.

Join us as we explore the importance of inclusion in early childhood settings and reflect on how we can all contribute to creating more inclusive communities. Let's dive in and start the conversation!

For more information, visit: www.mcie.org



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About the Presenter:

The Maryland Coalition for Inclusive Education, Inc. (MCIE) is a nonprofit organization dedicated to advancing the success of all children and youth in their school communities. Our mission is to be the catalyst for the meaningful and successful inclusion of all students in their neighborhood or choice schools. For over 30 years, MCIE has worked with educators, from individual learner planning teams and teacher coaching to administrator consultation and school-wide transformation.



- We have developed coursework for various customized learning opportunities and worked systemically with school districts to strategically plan to support educators, families, and learners in the school community to proactively embrace and teach each and every child who belongs to them.
- Our work with states, districts, and schools has taken us to Arkansas, California, Connecticut, Delaware, Illinois, Maryland, Mississippi, Nebraska, Nevada, Oklahoma, Virginia, Washington, and West Virginia.
- Our international work has taken us to Eastern Europe and Asia.
- MCIE is recognized as an international expert in promoting inclusive practices.

We cannot focus on only one group of learners when we talk about inclusion: we look at the inequities and gaps in opportunity and outcomes for all. We ask who is not present, who does not feel like they have a sense of belonging, who is removed, who is not engaged, and who is not accessing all of the social and academic opportunities available.