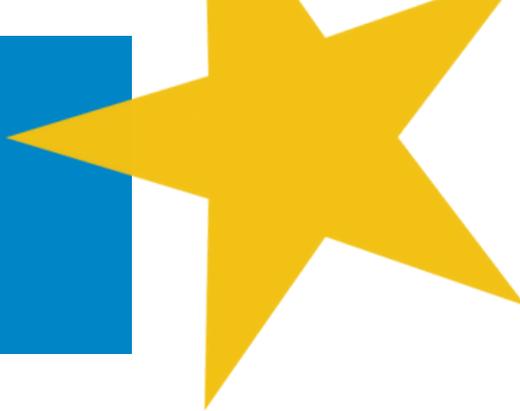


# Dr. Destiny Huff

10:15 - 11:30AM



## Advocating for Disabled Learners as an Educator

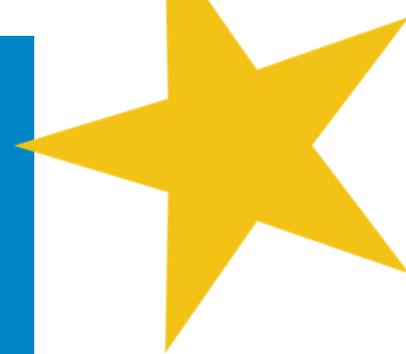
Educators are often the first line of advocacy for disabled learners, yet many were never taught how to navigate that role confidently or effectively. This interactive 60-minute workshop equips participants with practical tools to advocate for learners in ways that are both neuroaffirming and collaborative. Through reflection and real-world examples, educators will learn how to recognize ableism in school systems, center the learners' voice and agency, communicate needs clearly within the IEP process, and ensure that every learner receives equitable access, dignity, and meaningful support.



Dr. Destiny Huff, LPC (she/her), is a late-diagnosed Black Autistic and ADHD mental health therapist, parent of two neurodivergent children, and non-attorney special education advocate. She is the owner of HRG Counseling & Supervision, LLC and Destiny Huff Consulting, LLC. Through her counseling practice, Dr. Huff provides therapy for children, adolescents, and adults. Through her advocacy and consulting work, she supports parents of neurodivergent learners at the IEP table and trains schools, organizations, and families on neuroaffirming practices and supporting the mental health of neurodivergent learners. She is the author of *Neuroaffirming Advocacy: A Neuroaffirming Guide to Special Education* and co-host of *The Affirming Village* podcast with Lisa Baskin Wright.

# Dr. Destiny Huff

2:00 - 3:15PM



## Managing caregiver mental wellness during the IEP process

The IEP process can be emotionally exhausting for caregivers who are constantly advocating for their learner's needs while navigating complex systems. This 60-minute workshop provides a compassionate space to explore the mental and emotional toll of advocacy and learn strategies to maintain balance, boundaries, and self-compassion throughout the process. Participants will gain practical tools for managing stress, regulating emotions during meetings, and creating sustainable routines that support both their own wellness and their ability to show up as effective advocates for their learners.



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