

# Amers Goff

FRIDAY

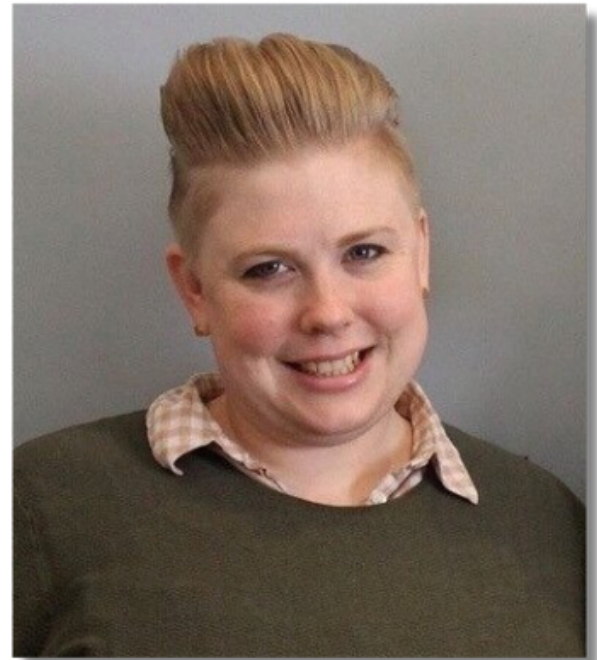
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## DIR and FloorTime Intervention for All Ages

Floortime is a play based therapeutic model often used with very young children. Following the child's interests, a caregiver gets down on the child's level (on the floor) to teach through play. The acronym DIR represents three core concepts behind this model. Intervention done within this model should be Developmentally Appropriate, Individual Driven, and Relationship Based. While older children and young adults may no longer get down on the floor to play and learn, that does not mean that their development has stopped. As parents and professionals, following our special person's interests creates a pathway into their world, opening up new avenues for learning and growth. This presentation will provide an overview of the DIR model and provide concrete examples of how to use DIR and Floortime strategies with older children, teens and adults. Participants will leave equipped with the tools to get started using this model, as well as avenues for further learning.



Amers Goff (they/them) is a certified occupational therapist with over 10 years experience working with kids and young adults with Autism, Downs Syndrome, and other developmental disabilities. They specialize in mental health informed services for clients with limited language and in aquatic based services. Amers is DIR-FCD certified, and provides DIR based intervention for clients from early childhood into adulthood. They are committed to supporting all types of individuals to make their own choices, express their own ideas, and control their own environments to the greatest extent within each individual's capacity. Amers is dedicated to helping families support their children through all of life's transitions.

