# Young Adult Summer Academy Ages: 18-24





- Location: Club 21 539 N. Lake Ave. Pasadena, CA 91101
- <u>Participants</u>: Individuals with Down syndrome and/or other intellectual or developmental disabilities
  \*\*Support providers welcome

### Vendor Code: PD26655 Sub-Code 01PG



**Info & Registration** 





#### July 7- 18th, 2025 (Monday - Friday)

- MORNING SESSION (9:30AM- 12:00PM): Intro to Relationships, Boundaries, and Understanding Sexuality
- Facilitated by: 2 <u>Elevatus</u> trained facilitators (1- BCBA & 1- Licensed Educational Psychologist; Both are candidates for AASECT Certification)
- LUNCH BREAK (12:00PM- 12:45PM): Participants are welcome to bring their own lunch
- AFTERNOON SESSION (12:45PM- 3:15PM): Intro to Adulting 101
  - Facilitated by: 2-3 educators and specialists in transition education

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## Topics Covered in the Intro to Relationships, Boundaries, and Understanding Sexuality:

- Caring for Your Body
- Different Types of Relationships
- Gender Identity & Expression/ Expressing Yourself
- Friendship
- Communication
- Decision Making
- Public & Private: Relationship and Touch
- Moving from Friend to Partner/ Sweetheart
- Internet, Social Media & Communication
- Many Roads to Relationships
- Being in a Relationship
- Has Your Relationship Gone Bad?
- Body Parts
- Sexual Feelings, Attraction, and Acts
- Communicating About Sex
- Decision-Making About Sex

Cost for this 2 week morning session: \$1000 \*\* Includes 1 parent/ caregiver informational session on Zoom





#### **Topics Covered in the Intro to Adulting 101:**

- Financial Literacy
- Employment
- Social Media
- Healthy Living
- Self- Advocacy

Cost for this 2 week afternoon session: \$800

Cost for full day of both programs: \$1800

We accept private pay, scholarship, CA Self- Determination, Regional Center vendor code: PD26655 Sub-Code 01PG