

# Meaningful Life Learning Circles



**Young adults must be 17 years old or older to participate.**

As we begin to build our adult transition pathway at Club 21, we are prioritizing the following four pillars:

1. Lifelong learning
2. Independence and Interdependence
3. Communities of belonging
4. Meaningful employment

Each of these **6-week virtual seminars** will teach students tangible skills in relation to their topics with our four transition pillars at their center. The instruction will be conducted virtually via Zoom and will use resources from the Center for Independent Futures My Full Life curriculum in addition to supplementary materials compiled by the instructor.

**All seminars will last for 6 weeks and meet virtually twice a week on Tuesdays and Thursdays from 4pm-5:30pm.**

**Cost:** \$200 for each 6 week class

**Facilitator:** Heather Blanco

## 2025-2026 Schedule

- **Session #1: Self Determination (September 16-October 23)**
- **Session #2: Safety and Self Awareness (November 4-December 18)**
- **\*Week off for Thanksgiving 11/23-11/29**
- **Session #3: Finding Autonomy and Independence (January 13-February 19)**
- **Session #4: Making Meaningful Connections (March 10-April 23)**
- **Session #5: Grief Share and Coping Skills Toolbox (April 28-June 4)**

**VENDOR CODE: PD2655 Subcode: 01PG**

**Club 21 Learning and Resource Center | 539 N. Lake Ave., Pasadena, CA 91101**

[www.clubtwentyone.org](http://www.clubtwentyone.org)