

Breea Rosas

2:00 - 3:15PM



Elevating Support: Integrating Neurodiversity Affirming Practices as the New Best Practice



How do we ensure our methods are truly supporting the whole person? This session serves as an essential introduction to neurodiversity-affirming practices, placing them squarely within the framework of current best practices for supporting individuals with Down syndrome and other disabilities. Attendees will gain a deeper understanding of neurodiversity as a valuable form of human variation and learn how to recognize and dismantle deficit-based thinking. We'll share research-based insights and discuss how this paradigm shift leads to more effective, ethical, and meaningful outcomes across all ages and stages.

Breea M. Rosas, Ed.S, NCSP, LEP, is a Nationally Certified School Psychologist, and a Licensed Educational Psychologist (LEP #4443). She is the founder of Neurodiversity Affirming School Psychologist, LLC, a practice dedicated to providing neurodiversity-affirming practices to the educational setting through professional development, consultation, and psychoeducational evaluations. She actively shares her expertise through professional development, having presented at numerous conferences nationwide, including the National Association of School Psychologists (NASP) and Council of Administrator on Special Education (CASE), as well as numerous school districts and organizations. Her commitment to advancing the field is demonstrated by her forthcoming book, *Essentials of strength-based and neurodiversity affirming school-based evaluations*, which is currently in preparation. Breea helps educators and families move beyond traditional models to build truly inclusive, supportive, and empowering environments.