

The Real World of Transitions for 16 years & up

When: Meets twice a month for 5 months August- January (No meeting in December)

- One Live meeting (Second Saturday @ Club 21 539 N Lake Ave Pasadena CA 91101)
- One Zoom meeting on a Monday

Who: Parents of individuals with Down syndrome 16 years and up

Outcome: Parents will gain information on 5 topics related to navigating life after High School. Each topic will have supplemental information and will have one task to follow up on the topic WITH either their child/school

Cost: \$480 (Parent Paid, Regional Center, or SDP, Scholarships Available)

Facilitated by: Dr Richard Rosenberg & Dr. Patti Adams

	IN PERSON: 10:00AM-12:00PM	MONDAY ZOOM: 6:30-8:00PM
Session 1 & 2	August 8, 2026	August 17, 2026
Session 3 & 4	September 12, 2026	September 21, 2026
Session 5 & 6	October 10, 2026	October 19, 2026
Session 7 & 8	November 14, 2026	November 30, 2026
Session 9 & 10	January 9, 2027	January 25, 2027

Program Topics:

- Developing a Circle of Support
- Pre Employment Skills: Getting work/volunteer experience
- Technology that supports independence And how to utilize the IEP/ITP process
- Collaboration of the Department of Rehabilitation, Regional Center, and School District. Supplemental Social Security income and Social Security Disability insurance (SSI+SSDI)
- Self Advocacy/ Self Determination Addressing Post Secondary Career Pathways, Guardianship, Conservatorship, and every young adult having a voice.

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